

## **Memorizing and Reading techniques (SU Teaching Assistant and Learning Program; module: Learning)**

**Target groups:** students, guest and auditing students, tutors from all faculties, doctorate students without teaching task, anyone else, who is interested

**Content:** In their free time, but especially during their studies and later in their careers, people are confronted with a veritable flood of information that cannot be managed by absorbing everything faster and faster and in larger quantities—only to forget it again immediately. The real art lies in extracting the relevant information, integrating it into existing knowledge, and, above all, retaining it permanently. Scientific reading and memorization are key skills in your studies and thus also pave the way for a successful professional future. The goals of the workshop are therefore to analyze and optimize your own reading skills and to learn new reading techniques and strategies for studying scientific texts. In addition, various learning and reading scenarios and the practice of memorization techniques create the conditions for long-term improvement of individual memory and learning skills.

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