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Ausbildung

2002 - 2004	Fellow der International Max Planck Research School (IMPRS), „The Life Course: Evolutionary and Ontogenetic Dynamics (LIFE)“
1996 - 2001	Psychologiestudium an der Freien Universität, Berlin

Akademische Abschlüsse

2005	Dr. phil. Summa cum laude Freie Universität Berlin Mitglieder des Dissertationskommittees: Paul B. Baltes (Betreuer), Nina Knoll, Ulman Lindenberger, Herbert Scheithauer, Peter Walschburger Doktorarbeit „Concurrent cognitive and sensorimotor performance: A comparison of children and young adults“
2001	Diplom in Psychologie Abschlussnote 1,0 Freie Universität Berlin Diplomarbeit „Age differences in the regulation of action sequences“ (Betreuer: Ulman Lindenberger)

Berufserfahrung

April 2016 bis heute	W2-Professorin für Bewegungswissenschaft (Motorik und Kognition) an der Universität des Saarlandes
April 2015 bis März 2016	Juniorprofessorin für Exercise Psychology, Sportwissenschaftliche Fakultät der Universität Leipzig
April 2007 bis März 2015	Wissenschaftliche Mitarbeiterin und Forschungsgruppenleiterin, Projekt „Motorische und kognitive Entwicklung“, Max-Planck-Institut für Bildungsforschung, Berlin

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1998 - 2000	Studentische Hilfskraft im Projekt “Memory and Intelligence in Development” (MIND) (PI: Ulman Lindenberger), Max-Planck-Institut für Bildungsforschung, Berlin

Veröffentlichungen

Schaefer, S., Riediger, M., Li, C.-S. R., & Lindenberger, U. (2023). Too easy, too hard, or just right: Task-difficulty choices differ by age and gender. *International Journal of Behavioral Development, 47*(3), 253-264. https://doi.org/10.1177/01650254231160126

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Mitglied des Editorial Boards

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Frontiers in Psychology: Psychology of Aging

Ad-hoc Rewiever

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Aging, Neuropsychology, and Cognition
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Archives of Physical Medicine and Rehabilitation
Behavior and Brain Functions
Brain, Mind, and Education
Developmental Psychology
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European Journal of Applied Physiology
European Journal of Developmental Psychology
European Journal of Sport Sciences
Exercise and Sport Science Reviews
Experimental Brain Research
Experimental Child Psychology
Experimental Gerontology
Frontiers in Human Neuroscience
Frontiers in Neuroscience
Frontiers in Psychology
German Journal of Exercise and Sport Research
Gerontology
GeroPsych: The Journal of Gerontopsychology and Geriatric Psychiatry
Human Brain Mapping
Innovations in Aging
International Journal of Aging and Human Development
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Journal of Experimental Psychology: General
Journal of Gerontology: Psychological Science
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Memory
Motor Control
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Neurobiology of Learning and Memory
Neuropsychological Rehabilitation
Neuroscience Letters
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PLOS One
Psychological Research

Psychology and Aging
Psychology of Sport and Exercise
Research Quarterly for Exercise and Sport
Scandinavian Journal of Medicine and Science in Sports
Sports Biomechanics
Sports Medicine
Sportwissenschaft
Stroke
Zeitschrift für Sportpsychologie

Reviewer für Forschungsförderung

Deutsche Forschungsgemeinschaft (DFG)
Ministry of Science, Technology, and Space, Israel
Research Grants Council, Hong Kong, China
Swiss National Science Foundation
Wellcome Trust

Professionelle Anbindungen

Deutsche Gesellschaft für Psychologie (DGPs)
Arbeitsgemeinschaft für Sportpsychologie (ASP)
EGREPA- European Group for Research into Elderly and Physical Activity
International Society for Posture and Gait Research
International Society for the Study of Behavioral Development (ISSBD)