



Zentrum für internationale
Studierende (ZiS)

Center for international students



We offer you...

- ✓ We give a warm welcome and help to feel at home at Saarland University
- ✓ We give a lot of helpful information and numerous activities (f.e. ZiS-Buddy-Programme)
- ✓ We make it easy: ZiS-get-togethers, excursions and other events
- ✓ Exciting activities such as cultural and culinary focus days to feel like part of the community
- ✓ We provide with advice and practical assistance

How does our Buddy Programme work?



- ✓ Either you're a local or an international student
- ✓ Facilitation of the start of studies and everyday life for international persons
- ✓ Cultural exchange
- ✓ Register using our link (different link local or international)
- ✓ Wait for your matching Buddy
- ✓ Meeting all together: Every two weeks
- ✓ **For registration: uni-saarland.de/buddy**

What else does ZiS offer?



- ✓ Opportunities to meet new people
- ✓ Recreational Activities
- ✓ Excursions
- ✓ Language events
- ✓ Social gathering, cultural events, sports, be creative and so on.....

How to join ZiS excursions?

Excursions



Small fee



Weekend



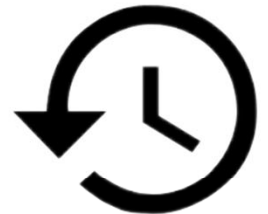
Daylong



Guided tour



Museums



Free time

What is „Spezialitätentage?“

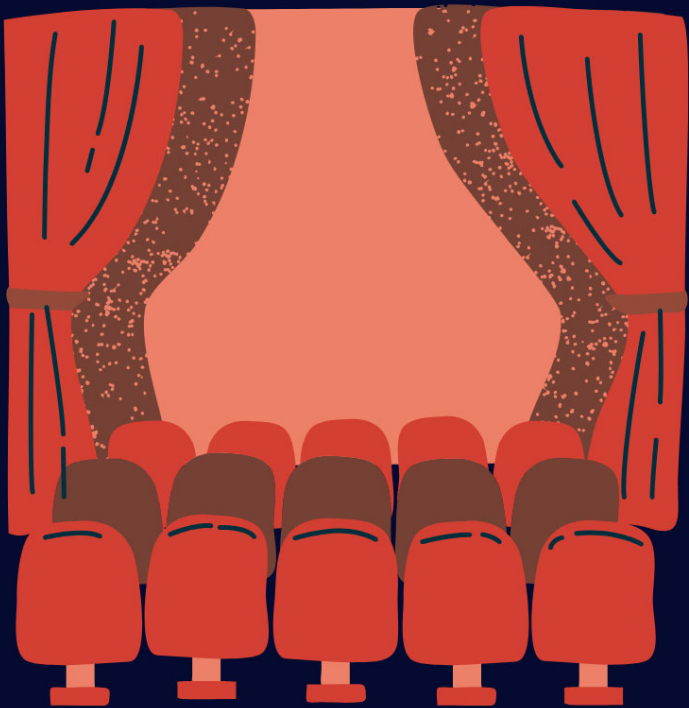
Spezialitätentage



- ✓ On wednesday from 11:30-13:30 at Mensa
- ✓ Culture, information
- ✓ and food from different countries are presented by students from that specific country
- ✓ The Mensa Team prepares a recipe from the featured country on the free flow area („C“)
- ✓ If you are interested, contact us to represent your country, we help you

What else does ZiS offer?

Cultural



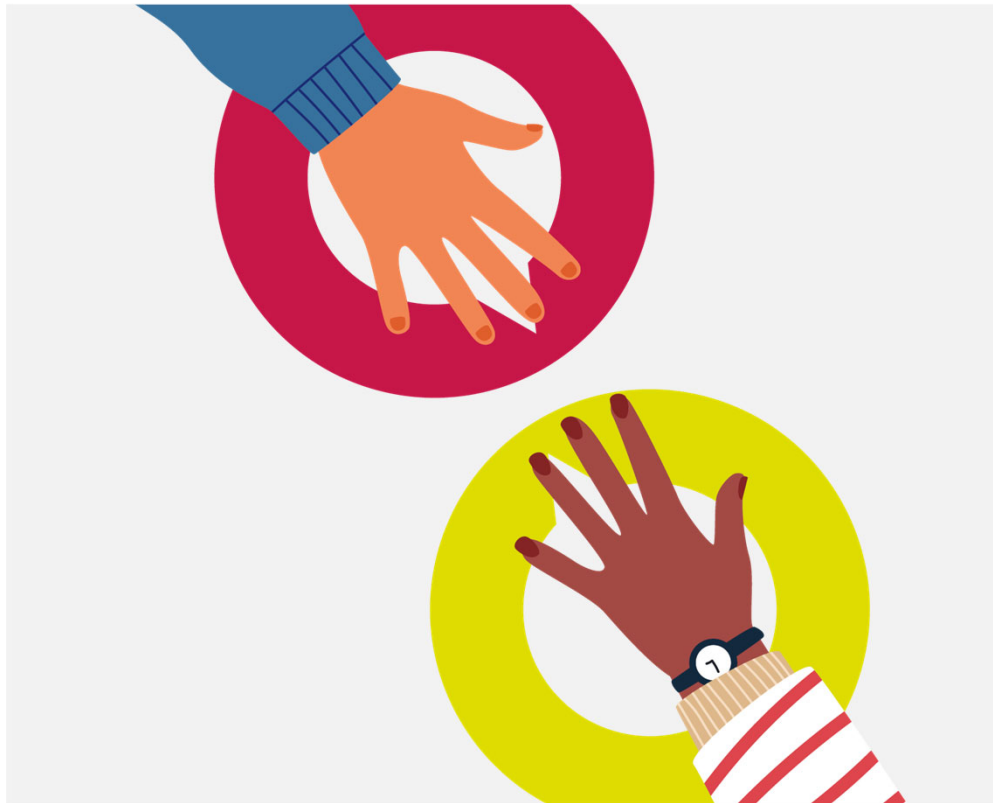
- ✓ Concerts & Festivals
- ✓ Theater plays
- ✓ TiC: Taste of international Cuisine
- ✓ International evening

What else does ZiS offer?

Sports

- ✓ Bowling
- ✓ Bouldering
- ✓ Running Club
- ✓ Swimming
- ✓ Beach-Volleyball
- ✓ Billiard & Darts
- ✓ Football (soccer)
- ✓ Mini-Golf

MENSABAR



- ✓ MENSABAR (ZiS X AStA)
- ✓ Social gathering
- ✓ Changing programs
- ✓ Every Wednesday starting 6 p.m.
- ✓ FORUM international
Building D4.1 groundfloor (Mensa)
- ✓ **Start: 14.10.26: Speed friending**
- ✓ Free entrance

Where you find us



Campus Center

A4.4, Welcome Center

www.uni-saarland.de/zis

[Linktr.ee/zis.uds](https://linktr.ee/zis.uds)

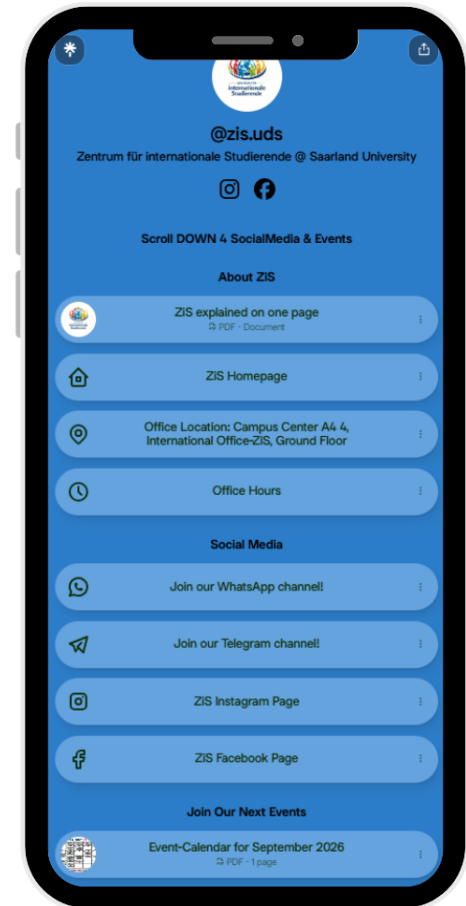
Our Link Tree

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- ✓ Location
- ✓ Office hours
- ✓ Social Media
- ✓ Calendar



Thanks for your attention