

**Master High-Performance Sport**

**Generic Aspects**

Research design and analysis  
Organisation, evaluation and quality assessment

Dr. Werner Pitsch  
Dr. Monika Frenger

**Elective units**

Core themes

Medicine and physiology in high-performance sport  
Socio-economics of elite sports  
Strength and Conditioning  
Sport psychology in elite environments

Prof. Dr. Tim Meyer  
Dr. Monika Frenger  
Prof. Dr. Stefan Panzer  
Prof. Dr. Sabine Schäfer

Complementary and free elective modules

Applied practice in elite sport  
Recovery management  
Sports nutrition  
Training the endurance athlete  
Science and medicine in football  
Talent identification and development  
Physical exercise and measurement  
Diagnostics and training  
Internship  
Research project

Dr. Sascha Schwindling  
Dr. Sabrina Forster  
Prof. Dr. Tim Meyer  
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