## INTERNATIONAL MODULE

APPLICATION: 1st June - 15th Oct. 2024

## »MODERN ASPECTS OF PREVENTION IN HEALTH«

The aim of the module is to introduce students to interdisciplinary approaches in the health sciences.



Academic year 2024/2025; 2nd semester



Postgraduate (and undergraduate students, who have completed all coursework) in fields like nursing, dietetics, kinesiology, physical education, physiotherapy, and other related disciplines.



## SUBJECTS (consisting of 30 ECTS)

24-hour movement behaviours and health

Brain and nutrition

Sports for relaxation

Alternative manners of nutrition

Integrative methods of supporting treatment

Health education and communication

Project management

The use of information and communication technology (ICT) in

healthcare - selected contents

Research project









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